



# **Occupational Therapy Assistant - 8467**

# Occupational Therapy

- **A rehab service that helps people regain, develop, and build skills that are important for independent functioning.**
  - Navy occupational therapists work with people of all ages who, because of illness, injury, or developmental or psychological impairment, need assistance in learning skills to enable them to return to duty and/or lead independent lives.

# **Navy Occupational Therapy: Hand Rehabilitation**

- Supporting the fleet by helping sailors return to full duty
- Functional Activity
- Modalities
  - Moist Heat, Paraffin
  - Ultrasound
  - Electrical stimulation
  - Iontophoresis
  - Fluidotherapy
- Custom Splinting
- Wound Care
- Ergonomic Training
- Teaching sailors to prevent upper extremity injuries
- Support neurology, vascular and plastic surgery programs.

# Navy Occupational Therapy: Pediatrics

- Provide OT services to special needs children in Japan.
  - School based services
    - 3 - 21 years of age
  - Early intervention services
    - Birth to 3 years



# OT Assistant Billets

- NMMC Portsmouth
- NMC Bethesda
- NRMCC San Diego
- NH Camp Lejeune
- NH Camp Pendleton
- USNH Yokosuka
- USNH Okinawa
- NH Jacksonville
- NH Pensacola



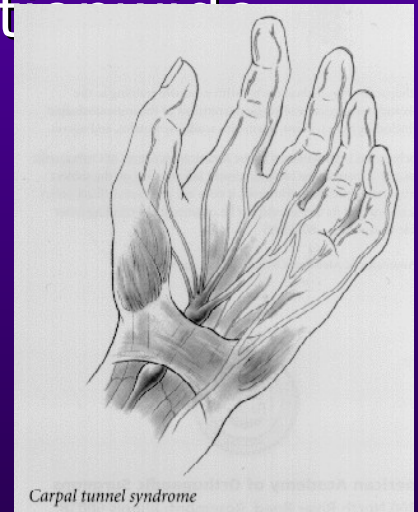
# OT Tech Program Overview



- Phase I
  - FT Sam Houston, TX
  - 16 Weeks
- Includes classroom instruction and various fieldwork assignments in a variety of settings
- Phase II
  - NSHS Portsmouth
  - 16 Weeks
- “On the Job” training under supervision of experienced OTs and COTAs

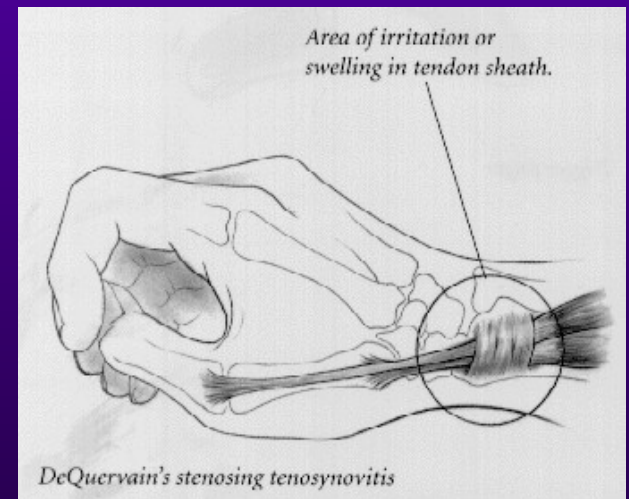
# Become a Certified OT Assistant (COTA)

- Fully accredited program, that would allow you to become certified through the National Board for Certification in Occupational Therapy, Inc. (NBCOT)
- Requires a written examination
- COTAs are employed in a variety of settings nationwide



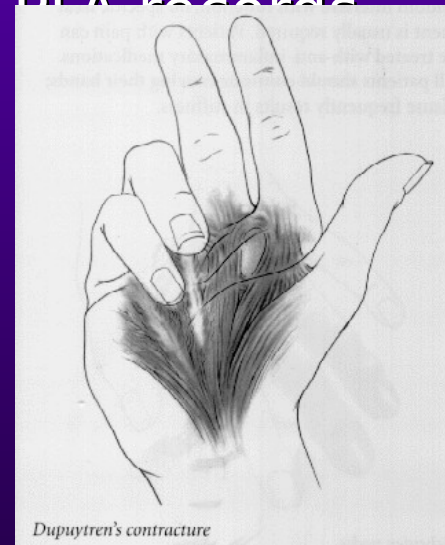
# Requirements for OT Assistant C-School

- Complete HM A-School
- E-3 to E-5
- An interview with an OT or COTA is encouraged (but not required)
- Must be worldwide deployable
- Within physical readiness standards
- No NJP for previous 3 years



# Applying for OT Tech School

- CO's endorsement
- Complete a 1306 request form
- Copy of service record
  - Pages 3/4, 5, 9
- Must include performance evaluations including an evaluation from current command
- Last 3 PFA records



# OT Assistant Enlisted Technical Leader

- For more information about becoming an OT Assistant or about “C” School.....
- Please contact HMC Irpino (NH JAX)
  - (904) 542-7745
  - (DSN) 942-7745
  - Smirpino@sar.med.navy.mil

